



CURRICULUM GUIDE: OFFICIAL COURSE OUTLINE

Course Code	PSYC 250	Course Title	Developmental Psychology: Childhood and Adolescence			
Credit Value	3	Department	Social Sciences			
No. of weeks	14	Hrs. per week	<i>Lecture</i>	<i>Tutorial</i>	<i>Laboratory</i>	<i>Total</i>
			3	0	0	3
Course Description	This course covers the major theories and research findings pertaining to the physical, cognitive, and social dimensions of childhood and adolescent development.					
Prerequisite(s)	ENGL 100, PSYC 102					
Initial Articulation Targets	<i>UBC</i>	<i>SFU</i>	<i>UVic</i>	<i>UNBC</i>	<i>TRU</i>	
	PSYC 2nd (3)	PSYC 250 (3)	PSYC 243 (1.5)	PSYC 2XX (3)	PSYC 2131 (3)	
	For updated information on the transferability of this course, please consult the BC Transfer Guide, www.bctransferguide.ca					
Learning Outcomes	<p>Upon successful completion of this course, the student will be able to:</p> <ul style="list-style-type: none"> • Explain concepts and stages of human physical, cognitive, and social development from prenatal to adolescence. • Explain major theoretical models of normal and abnormal development from prenatal to adolescence. 					
Content	<p>Core topics – all of the following will be covered:</p> <ul style="list-style-type: none"> • Introduction: Dimensions of Development • Theory and Research in Child Development • Genetics, Prenatal Development, and Birth • Infancy and Toddlerhood • Physical Development in Early Childhood • Cognitive Development in Early Childhood • Social Emotional Development in Early Childhood • Physical Development in Middle Childhood • Cognitive Development in Middle Childhood • Social Emotional Development in Middle Childhood • Physical Development in Adolescence • Cognitive Development in Adolescence <p>Additional topics may also be covered, at the discretion of the instructor.</p>					
Methods of Instruction	Lecture, audio-video clips, class discussion, small discussion groups, assignments, term paper, and debates					



Required Textbook(s)	The following textbook(s) is/are required, or approved equivalent(s). Berger, S. (2020). <i>Developing Person Through Childhood and Adolescence</i> (12th edition). New York: Worth Publishers		
Required Equipment and Technology	Students are required to have a computer with internet access. The following resources are provided by the College: <ul style="list-style-type: none"> • Office 365 • Student email 		
Homework Hours	At minimum, students can expect one hour of homework for every hour of instructional time.		
Evaluation	<i>Component</i>	<i>% Value</i>	
	Class participation and activities	5-15%	
	Term paper	15-25%	
	Examination 1	15-25%	
	Examination 2	15-25%	
Final Examination	25-30%		
Completion Requirements	The minimum grade to pass this course is D (50%). Unless otherwise stated, a minimum grade of C- (55%) is required for this course to fulfil a prerequisite.		
Course Designer(s)	Bahman Najarian, Ph.D., Department of Psychology, Alexander College	Consultant(s), if applicable	Kevin Hamilton, Ph.D., (Chair) Department of Psychology, University of British Columbia, Kwantlen Polytechnic University
Dean's Approval	Barbara Moon, Ph.D., Dean of Arts and Sciences, Alexander College	Dean's Approval Date	June 10, 2015
Curriculum Committee Approval Date	June 10, 2015	First Term Offered	Winter 2019
Last Review Date	August 30, 2022	Next Review Date	August 30, 2027
Revision History	<p>Jan 5, 2020 – Minor edits to course description, update of text and resources, evaluations indicated as ranges- Updated by Laurence David, PhD, MET</p> <p>July 2022 – Minor edits to grading ranges, required text, core content and optional content, edits to articulation targets based on current BC Transfer Guide, by Wendy Comeau</p> <p>January 2, 2025 – English prerequisite increased to ENGL 100, effective Winter 2025</p>		