

Alexander College

Jane App- Scheduling Appointments

Jane App allows you to easily and confidentially book, cancel and re-schedule counselling appointments. Follow the steps below to get started:

1. Go to the link: alexandercollege.janeapp.com

Hello. Are you a current client? [Sign in](#) [Sign In](#) or [Sign Up](#)



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HEALTH AND WELLNESS

Book an Appointment



Sara Ahmadian
[Read More](#)

Select a session from the list on the left to view available appointment times



Select a session

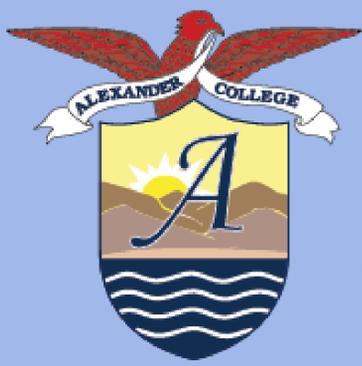
Counselling

First Counselling Session 🗨️
50 min This is your first visit or your last visit was more than 6 months ago.

Regular Counselling Session 🗨️
50 min Book this session if you've already had your initial counselling session with Sara.

Short Check in 🗨️
30 min Book this appointment if you've already had an initial counselling session with Sara and you just want a short check-in

Can't find a time? [Add yourself to Sara Ahmadian's wait list](#)



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2. If this is your first appointment with the Health & Wellness counsellor, click on **First Counselling Session**. If you've already had a session with the Health & Wellness counsellor, Click on **Regular Counselling Session**.

Hello. Are you a current client? [Sign In](#) Sign In or Sign Up



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HEALTH AND WELLNESS

Book an Appointment



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Can't find a time? [Add yourself to Sara Ahmadian's wait list](#)

Sun Aug 8 - Sat Aug 14  Next 7 Days >

	Sun Aug 8	Today	Tue Aug 10	Wed Aug 11	Thu Aug 12	Fri Aug 13	Sat Aug 14
8am							
9am			9:00 AM		9:00 AM	9:00 AM	
10am		Booked	10:00 AM		10:00 AM	10:00 AM	
11am			11:00 AM	11:00 AM			
12pm							
1pm					1:00 PM	1:00 PM	
2pm	No Availability	2:00 PM	2:00 PM			2:00 PM	No Availability
3pm		Booked	Booked	Booked		Booked	
4pm			4:00 PM	4:00 PM	4:00 PM	4:00 PM	
5pm							
6pm							
7pm							
8pm							
9pm							

Can't find a time? [Add yourself to the wait list](#)

Unavailable Available



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3. Click on the date & time that works for you. Confirm the details and then click continue.

Hello. Are you a current client? [Sign In](#) Sign In or Sign Up

Alexander College HEALTH

Book an Appointment

Sara Ahmadian
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Select a session

Counselling

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Can't find a time? [Add yourself to Sara Ahmadian's wait list](#)

1 Appointment

Next 7 Days >

Fri Aug 13 Sat Aug 14

9am 10am 11am 12pm 1pm 2pm 3pm 4pm 5pm 6pm 7pm 8pm 9pm

9:00 AM 10:00 AM 11:00 AM 1:00 PM 2:00 PM 4:00 PM

Booked

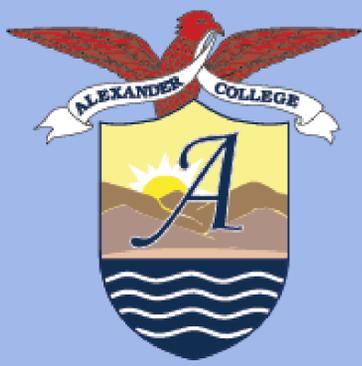
No Availability

Whoops, don't book that!

Continue...

Confirm Bookings

Unavailable Available



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4. Input your email address, phone number or sign in with twitter/facebook/google to create an account or sign into your own account

 1 Appointment reserved. Your reservation will expire in 9m 18s.



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Hello! Let's get you signed in.

Whether you're new or returning, begin by entering your email address or mobile phone number (or username if you already have one), or by selecting a social login below.

Next 

Or sign in with...

 Twitter

 Facebook

 Google

[Return to Booking Page](#)

Booking by 

[Terms & Conditions](#)

[Privacy Policy](#)



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5. If you already have an account, you will see the following page: Simply input your password.

📅 1 Appointment reserved. Your reservation will expire in 8m 2s.



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HEALTH AND WELLNESS

Enter your password

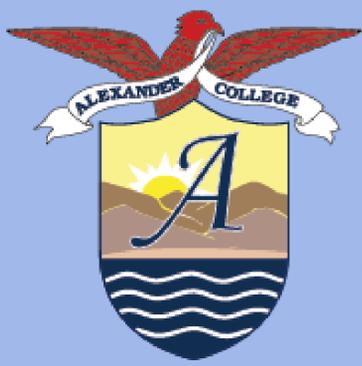
Email: [REDACTED]

Password [Sign In →](#)

[← Go back and try another sign in](#) [Forgot your username or password? ☹️](#)
[New to us? Create an Account →](#)

Booking by 

[Terms & Conditions](#) [Privacy Policy](#)



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6. If you don't have an account, you will see the following page: Click on Create an Account

📅 1 Appointment reserved. Your reservation will expire in 9m 0s.



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HEALTH AND WELLNESS

We couldn't locate your profile.

This could mean the email address [REDACTED] isn't on file, or that you're new to us.

You can continue and create a new profile using the email address [REDACTED] or go back and try another email, username or mobile phone number.

← I'll try another sign in...

Create an Account →

Booking by 

[Terms & Conditions](#) [Privacy Policy](#)



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7. You will then receive a confirmation message that your appointment has been booked. Prior to your appointment, please fill out the intake form. On this page, you can also cancel the appointment, set up reminders, and view your account.

Welcome back First Name. You have 1 upcoming appointment [Book an Appointment](#) [My Account](#) [Sign Out](#)

 **Alexander College**
HEALTH AND WELLNESS

Thank You for Booking

You have just booked the following appointments:
You will receive an email shortly confirming your bookings.

Date	Session	Client	
August 10, 2021 - 9:00am	First Counselling Session with Sara Ahmadian (Online Appointment)	First Name Last Name	Cancel

What is the reason for your visit?

[Save Reason](#)

Get ready for your session by reviewing the items below:

- How would you like to be reminded?**
 Email 2 days before appointment
 Text Message (SMS) 2 hours before appointment
- Please fill out our online intake form**
Please take a moment to fill out our online Intake form before your visit. All information is kept completely confidential. [Fill Out Intake Form](#)
- Subscribe to your calendar**
Automatically stay up to date with any changes to your bookings in your preferred calendar app on your computer or mobile device. [Subscribe To Your Calendar](#)

[View My Account](#)



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How to Start an Online Session:

30 minutes prior to the start of your appointment, you will receive a reminder email that will include a link to your confidential video platform

**It's almost
time for your
appointment.**

Monday
August 9, 2021
10:00am

First Counselling Session with Sara Ahmadian

Online Intake Form

Please take a moment to fill out our online intake form before your visit.

[FILL OUT INTAKE FORM](#)



Begin your online appointment here

It's nearly time to begin your online appointment. Click the button below to begin.

We recommend you use Chrome to join this call. If you are on an iOS device, we recommend using the Jane Online Appointments app from the app store. (Safari is audio-only).

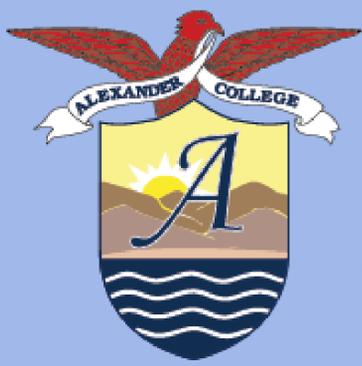
[Begin Your Online Appointment](#)



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HEALTH AND WELLNESS

Health & Wellness Alexander College



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Cancel or Reschedule Appointments

1. If you have already booked an appointment and would like to cancel or reschedule. Simply go to the following link and log in to your account:

alexandercollege.janeapp.com

The screenshot shows the top navigation bar with the text "Hello. Are you a current client? Sign in" and a "Sign In or Sign Up" button. Below this is the Alexander College logo and the text "Alexander College HEALTH AND WELLNESS". A large blue button labeled "Book an Appointment" is prominent. The main content area features a profile for Sara Ahmadian, including a photo and a "Read More" link. Under the heading "Select a session", there are three options under the "Counselling" category: "First Counselling Session" (50 min), "Regular Counselling Session" (50 min), and "Short Check in" (30 min). To the right, there is an illustration of a computer monitor and a smartphone displaying appointment times, with the text "Select a session from the list on the left to view available appointment times". At the bottom, there is a link: "Can't find a time? [Add yourself to Sara Ahmadian's wait list](#)".



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2. Once you log in, you will be directed to the following page. Here you can cancel your appointment, book a new appointment and set up reminders.

Welcome back First Name. You have 1 upcoming appointment [Book an Appointment](#) [Sign Out](#)



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HEALTH AND WELLNESS

First Name Last Name

Please fill out our online intake form [Fill Out Intake Form](#)
Please take a moment to fill out our online intake form before your visit. All information is kept completely confidential.

My Account

- Upcoming Appointments
- Appointment History
- Intake Forms
- Documents
- Contact Info
- Reminder Preferences
- Username / Password
- Google, Facebook & Twitter

[Book an Appointment](#)

Upcoming Appointments

[Subscribe to your calendar](#)

You have a video call coming up soon. Please test your video is working correctly here before the online appointment [Test My Setup](#)

Date	Session	Client	
August 10, 2021 - 11:00am	First Counselling Session with Sara Ahmadian (Online Appointment)	First Name Last Name	Cancel

Wait List Requests

[Add a Wait List Request](#)

Session	Client	Availability	
No Wait List Requests			



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If you have any questions, please don't
hesitate to reach out to our Health &
Wellness Counsellor at
healthandwellness@alexandercollege.ca